

My foster family

Tick the word which best describe your foster family.



Disagree

I feel safe and comfortable in my foster home.	Agree	Neutral	Disagree
My foster family makes me feel like I am part of their family.	Agree	Neutral	Disagree
I enjoy spending time with my foster family.	Agree	Neutral	Disagree
My foster family listens to me and tries to understand my feelings.	Agree	Neutral	Disagree
I feel like my foster family cares about my health and wellbeing.	Agree	Neutral	Disagree
I get along well with other children in my house.	Agree	Neutral	Disagree
My foster family encourages me to try new things and learn new skills.	Agree	Neutral	Disagree
My foster family includes me in important decisons that affect me.	Agree	Neutral	Disagree
My foster family treats me fairly and does not play favourites.	Agree	Neutral	Disagree
I feel like I can talk to my foster family about anything that is borhtering me.	Agree	Neutral	Disagree
My foster family celebrates special events and holidays with me.	Agree	Neutral	Disagree
My foster family has clear and fair rules that help me know what is expected of me.	Agree	Neutral	Disagree
My foster family respects my culture and heritage.	Agree	Neutral	Disagree
I have my own space or bedroom where I can	Agree	Neutral	Disagree

Agree

Neutral





relax and feel good at home.

homework and schoolwork.

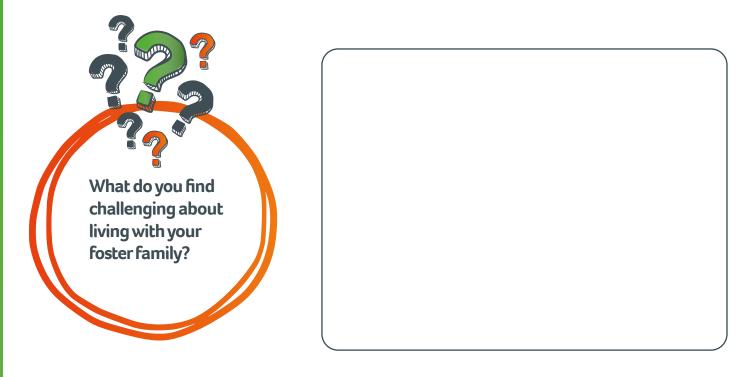
My foster family helps me with my

Living with my foster family

Please answer the following questions about your foster family.







Do you feel your foster family listens to you and cares about your feelings? Please explain.



Are there any rules or routines that you find difficult or confusing? Please explain.



Have you ever had any disagreements with your foster family? What about? How did the family respond?



Do you feel you are treated fairly and respectfully by your foster family? Please explain.







Where are you now? What do you enjoy doing in your free time? Are you generally happy with your hobbies? Sad? Or somewhere in between?

What makes you feel like this?

If things were better what would they look like?

What could you or someone else do that could make this better?



Where are you now? Are you generally happy at school? Sad? Or somewhere in between?

What makes you feel like this?

If things were better what would they look like?

What could you or someone else do that could make this better?



Where are you now? Do you feel happy about your family time? Sad? Or somewhere in between.

What makes you feel like this?

If things were better what would they look like?

What could you or someone else do that could make this better?

Where are you now? Do you have people to talk to? Not many? Or somwhere in bewteen?

Having people to talk to

What makes you feel like this? Tell us who you can talk to.

If things were better what would they look like?



What could you or someone else do that could make this better?

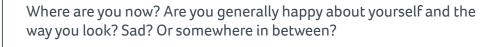


Where are you now? Do you have friends? Are you generally happy with them? Sad? Or somewhere in between.

What makes you feel like this? Tell us about your friends.

If things were better what would they look like?

What could you or someone else do that could make this better?





What makes you feel like this? Tell us who you can talk to.

If things were better what would they look like?

What could you or someone else do that could make this better?